



1. The goal of the Practice Challenge is for each student to practice their instrument for 50 or 100 consecutive days. Students are welcome to begin their Practice Challenges at any time, however:
 - a. Practice Challenges must be completed by Wednesday March 22, 2023.
 - b. The 100 Day Challenge must begin no later than Tuesday December 13, 2022 in order to complete 100 days of practice by March 22, 2023.
 - c. The 50 Day Challenge must begin no later than Wednesday February 1, 2023 in order to complete 50 days of practice by March 22, 2023.
2. A practice session will be defined as time spent where effort has been put toward addressing specific points from the previous lesson and progress towards accomplishing these goals has been achieved. SMW teachers are more concerned with the quality of practice than the length of practice time. For this reason we do not specify a minimum length of time for the practice session.
3. We do realize that it will be difficult to find the time and energy to practice 50 or 100 days in a row. This is why it is called a Challenge and students receive medals or trophies.
4. If your child is ill during the challenge, consider listening to the recording while learning the words to future pieces, practicing bow holds, working on fingerings, or practicing bowings using a pen or pencil.
5. Please keep the Practice Challenge Chart in an accessible place so you can mark each practice session as it occurs.
6. Once the chart has been completed, please notify the SMW Program Coordinator via email at coordinator@suzukimusicwinnipeg.com no later than Thursday March 23, 2023 at 4:00 pm. This deadline is firm in order to have the awards ready in time to distribute by the end of our program year. Please include the following information in your email:
 - The first and last name of the student
 - Whether the student completed the 50 Day Challenge or the 100 Day Challenge
7. Medals will be awarded to students who complete the 50 Day Challenge. Trophies will be awarded to students who complete the 100 Day Challenge.
8. Awards will be presented at our Spring Concert on Sunday April 23, 2023.